

## L. JOSEPH RUBINO, III, M.D.

**Current Position:** Assistant Professor  
Wright State University  
Department of Orthopaedics and Sports Medicine  
Dayton, Ohio

**Education:**

**Undergraduate:** Villanova University, Villanova, PA B.S. 1991  
University of Maryland, College Park, MD Pre-med 1991-93

**Medical:** Georgetown University, Washington, DC M.D. 1999

**Postgraduate Training:**

**Internship** General Surgery, University of Virginia 1999-2000  
Charlottesville, VA  
**Residency** Orthopaedic Surgery, Wright State University 2000-2005  
Dayton, OH  
**Fellowship** Sports Medicine, University of Virginia 2005-2006  
Charlottesville, VA

**Professional Experience:**

**Head Team Physician** Miami University – Middletown 2007 –present  
**Assistant Team Physician** Wright State University 2006-present  
Mason High School 2007-present  
University of Virginia 2005-2006  
James Madison University 2005-2006  
Covenant High School 2005-2006

**Medical Licensure:** Ohio, 2002 #81913

**Academic Committees:**

1. Miami Valley Hospital, Institutional Review Board Committee Member, (2008-present)
2. Wright State University Laboratory Animal Care and Use Committee; 2002-2005; 2007 - present
3. Athletics Council – Wright State University - Sept 2007 – present
4. Athletics Council, Student Welfare Subcommittee – Oct 2007 - present

**Awards:**

1. Wright State University Resident Research Paper Award – June 2003
2. J. Albert Key, M.D. Physician in Training Award – Mid America Orthopaedic Association Annual Meeting – April 2004.
3. Ohio Orthopaedic Society 68<sup>th</sup> Annual Meeting – First place paper in members paper competition. The Effect of Plate Position and Size on Tibial Slope in High Tibial Osteotomy: A Cadaveric Study

**Societies:**

1. Alpha Omega Alpha
2. Mid-America Orthopaedic Association - Candidate member
3. AOSSM – Candidate Member
4. Arthroscopy Association of North America – Candidate member
5. Frank McCue Society
6. Ohio Orthopaedic Society

**Publications:**

1. Crosby LA and Rubino LJ; Subluxation of the Sternoclavicular Joint Secondary to Pseudarthrosis of the First and Second Ribs. *Journal of Bone and Joint Surgery*. April 2002.
2. Rubino LJ and Lawless M; Clavicle Fractures. *E-Medicine Orthopedic Surgery Textbook*. May 2002.
3. Rubino LJ and Miller MD; Specialty Update - What's New in Orthopaedic Sports Medicine. *Journal of Bone and Joint Surgery*, Sept. 2005.
4. Tuman J, Diduch DR, Baumfeld JA, Rubino LJ and Hart JM. Joint Infection unique to hamstring tendon harvester used during ACL reconstruction surgery: A case series. *Arthroscopy*, April 2007.
5. Rubino LJ, Sprott DC, Stills HF, and Crosby LA; Fatty Infiltration of the Rotator Cuff in a Rabbit Model. *Arthroscopy*, July 2007.
6. Tuman JM, Hart JM, Rubino LJ, Nguyen HS, Baumfeld JA and Diduch DR. Predictors for Hamstring Graft Size in ACL Reconstruction Surgery. *American Journal of Sports Medicine*, July 2007.
7. Rubino LJ, Schoderbek RJ, Golish SR, Baumfeld JA and Miller MD; The Effect of Plate Position and Size on Tibial Slope in High Tibial Osteotomy: A Cadaveric Study” *J Knee Surg*. 2008;21:75-79.
8. Rubino LJ, Anderson MW, Baumfeld JA, Diduch DR and Carson EW; Stress Fracture of the Coronoid: A Case Report. Accepted in *Journal of Athletic Training*, March 2007.
9. Baumfeld JA, Golish SR, Rubino LJ and Miller MD. The Effect of Femoral Tunnel Starting Position on Tunnel Length in Anterior Cruciate Ligament Reconstruction: A Cadaveric Study. Accepted to *Arthroscopy*, 2007.
10. Rubino LJ and Miller MD – PCL Tibial Inlay. Cole and Sekiya: Surgical Techniques of the Shoulder, Elbow, and Knee. Final proofs edited August 2007.

**Articles/chapters submitted for publication:**

1. Schoderbek RS, Rubino LJ, Oliviero J, Hart JM and Miller MD. The Graft/Femoral Tunnel Angles in Posterior Cruciate Ligament Reconstruction: A Cadaveric Comparison of Three Techniques for Femoral Tunnel Placement. Submitted to *Arthroscopy* 2006.
2. Rubino LJ, Sprott DC, Stills HF, and Crosby LA; Fatty Infiltration Does Not Progress after Rotator Cuff Repair in a Rabbit Model. Re-submitted to *Arthroscopy*, August 2007.

**Presentations:****\*\* Presenting author**

1. \*\* Fatty Infiltration of the Rotator Cuff in a Rabbit Model. Presented at the ASES Specialty Day, New Orleans, LA, February 2003. \*Nominated for Neer Award.
2. \*\* The Effect of Repaired Rotator Cuff Tendon on the Process of Fatty Infiltration in a Rabbit Model. AAOS Annual Meeting in San Francisco, CA, March 2004.
3. \*\* The Effect of Repaired Rotator Cuff Tendon on the Process of Fatty Infiltration in a Rabbit Model. Presented at the Mid-America Orthopaedic Association Meeting, La Quinta, CA, April 2005. Winner of the J. Albert Key, Physician in Training Award.
4. The Incidence of Immunologic Reaction with the Restore® Patch. Presented at the Mid-America Orthopaedic Association Meeting, Amelia Island, FL, April 2005
5. \*\*The Effect of Rotator Cuff Repair with a Restore® Patch on Fatty Infiltration in a Rabbit Model. AAOS Annual Meeting, Chicago, IL 2006.
6. \*\* The Effect of Femoral Tunnel Starting Position on Tunnel Length in Anterior Cruciate Ligament Reconstruction: A Cadaveric Study. Presented at the Virginia Orthopaedic Society, May, 2006; MAOA 2007; AANA 2007; ISAKOS 2007; AOSSM 2007.

7. \*\* Predictors for Hamstring Graft Size in ACL Reconstruction Surgery. Presented at the AAOS Annual Meeting, Feb 2007; AANA 2007; ISAKOS 2007.
8. \*\*The Effect of Plate Position and Size on Tibial Slope in High Tibial Osteotomy: A Cadaveric Study. Presented at AANA 2007; ISAKOS 2007; Ohio Orthopaedic society 2007, Voted as First place paper.
9. The Graft/Femoral Tunnel Angles in Posterior Cruciate Ligament Reconstruction: A Cadaveric Comparison of Three Techniques for Femoral Tunnel Placement. Presented at the AOSSM Specialty Day Feb. 2007; ISAKOS 2007
10. \*\*ACL Injuries and Reconstruction – Graft Choices. MRH Sports Medicine Symposium – June 2007
11. \*\* The Effect of Plate Position and Size on Tibial Slope in High Tibial Osteotomy: A Cadaveric Study. 68th Annual Ohio Orthopaedic Society, Cincinnati, OH
12. \*\* The Position of the Femoral Tunnel in Arthroscopic ACL Reconstruction is Dependent on the Placement of the Tibial Tunnel. 68th Annual Ohio Orthopaedic Society, Cincinnati, OH

**Grants Received:**

1. DePuy Orthopaedics, Inc. - \$48,000 for project titled “The Effect of Repaired Rotator Cuff Tendon on the Process of Fatty Infiltration in a Rabbit Model.”
2. Wright State University School of Medicine Seed Grant 2001 - \$10,000 for project titled “Fatty Infiltration of the Rotator Cuff in a Rabbit Model.”
3. Dayton Area Graduate Medical Education Consortium (DAGMEC) Resident Research and Fellow Support Grant - \$2,500 for project titled “Fatty Infiltration of the Rotator Cuff in a Rabbit Model.”
4. Miami Valley Hospital Research Fund - \$3,000 for project titled “Fatty Infiltration of the Rotator Cuff in a Rabbit Model.”
5. Miami Valley Hospital Research Fund - \$2,000 for project titled “The Effect of Repaired Rotator Cuff Tendon on the Process of Fatty Infiltration in a Rabbit Model.”
6. Dayton Area Graduate Medical Education Consortium (DAGMEC) - \$1,500 for project titled “Radiographic Correlation of Knee Range of Motion Assessed on Routine Physical Exam.”