



October 2008

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Quote of the Month:

“Life must be understood backwards; but it must be lived forward.”

Soren Kierkegaard

Trivia Question:
What is Paget-Schroetter syndrome?

Medical History Quote

“Varicose veins are the result of an improper selection of grandparents.”

Sir William Osler

Case of the Month

A 42 year old previously healthy male notes exertional dyspnea, worsening over a period of several weeks. He’s had a ten pound unintentional weight loss and feels more fatigued than usual. He also describes a daily cough, usually non-productive but occasional expectoration of “gummy/rubbery” material. He has no history of military service or unusual occupational exposures. On physical examination, the only abnormalities are a temp of 99.8 and O2 sat of 86. Lungs sound clear and there is no clubbing. CXR shows bilateral symmetric alveolar densities. High resolution CT scan reveals ground-glass opacification. Laboratory studies are remarkable for polycythemia, hypergammaglobulinemia, and elevated LDH. PAS staining of a transbronchial biopsy is positive. What is the diagnosis?

Did You Know?

A traditional treatment for burns in India includes the application of honey (has mild antibacterial effect) and then covering the burn with boiled potato skins (keeps the wound moist).

Morning Report Winners

Bijan Ahrari (R1) was the winner for "Question of the Day" at VAMC in August. MVH winners were Jesse Wickham (R3) and Ben Stermole (R3). Congratulations!

Question of the Day

Eric Santiago was the winner for "question of the day" at VAMC in September 2008.

Thank You for Your Dedication and Positive

We all hope this will be the last time we experience a storm of this magnitude in our area! Many physicians, staff, and patients were affected by power outages, damage to homes and property, and major disruptions in schedules and traffic. Thank you for your resilience, creativity, and good humor as we made our way through day after day of unexpected problems. Hopefully you had some positive experiences as a result of the event – maybe getting to know your neighbors a bit better, maybe spending some more time talking or playing board games instead of watching TV. You might even have gained some new skills – how to cook pasta on a charcoal grill or how to get the batteries out of an old clock so you could use them in your flashlight! By the time this issue is distributed perhaps the fleet of out-of-state utility and tree trimming trucks that has been parked at the Montgomery County Fairgrounds every night will have returned home and life in the Dayton area will be getting back to “normal”. When all is said and done, it’s great to know we have such a supportive group of residents and faculty and to see that we can continue our educational and patient care activities even when unexpected obstacles are placed in our path. Thank you to everyone for being a part of our success.

DEA Numbers & Name Stamps

Don’t forget to use your DEA numbers on written prescriptions for controlled substances and to clearly print or stamp your name beneath your signature!

MVH Library

The MVH library staff has reported some concerns with after-hours usage. Please take advantage of the opportunity to visit the library 24/7, but remember to dispose of your trash and leave the facilities as you found them. One should never prop open the library door (to allow access for students, etc.) as this practice may result in “unwanted visitors” and damage to or loss of library property. Thank you!

**Answer to Trivia
Question:**

**Spontaneous venous
thrombosis of upper
extremity veins**

Answer to Case




Pulmonary alveolar proteinosis (PAP). This can be idiopathic or triggered by occupational exposures or infections. Symptoms may be markedly improved following bilateral whole lung lavage under general anesthesia.

Happy Birthday

	Yin Yin Aye	R1	10/24
	Shabana Dewani	R2	10/21
	Dhaval Desai	R1	07/06
	Sara Elrefai	R3	10/10
	Rakesh Kilari	R1	10/14
	Alicia Lowes	R1	07/06
	Vidya Malini	R3	10/08
	Erin McConnell	R2	10/07
	Anjeli Nayar	R1	10/14
	Matthew Noorsij-Jones	R2	08/29
	Vivian Okeke	R3	10/03
	Inkyung Santiago	R1	10/14
	Ryan Simon	R3	08/24
	Richard Surowiec	R2	04/04
Erica Taylor	R2	10/08	

**What – You’re Not Getting Any Older?
(Happy Belated Birthday)**

We sincerely apologize for failing to list these birthdays for med/peds residents in “The Monitor” earlier this year. Did you really think you would get away without adding to your age? Not a chance!

	Richard Surowiec	R2	04/04
	Alicia Lowes	R1	07/06
	Dhaval Desai	R1	07/06
	Ryan Simon	R3	08/24
	Matt Noordsij-Jones	R2	08/29

RMS Tips

Not sure you’ll have time to finish an evaluation once you’ve started to complete it online? It’s easy to save as a draft and return to it later. Nothing will be viewed or reported until you’ve signed and submitted the “final” version.

Received an evaluation for someone with whom you did not work last month? Mark the “NET” box and then click “submit selected evaluations as NET”. If you need an evaluation for someone or for a rotation and you did NOT receive it in your collection, send an email to Barbara Upton at baupton@mvh.org and let her know which one(s) you need.

**WSU School of
Medicine
Dept. of Internal
Medicine
PO Box 927
Dayton, OH 45435**

**Phone: (937) 208-2010
Fax: (937) 208-2621**