

May 2008

Volume 9 Number 5

### Quote of the Month

*"All human situations have their inconveniences. We feel those of the present but neither see nor feel those of the future; and hence we often make troublesome changes without amendment, and frequently for the worse."*

Benjamin Franklin

### Medical History Quote

*"Let the young know they will never find a more interesting, more instructive book than the patient himself."*

Giorgio Baglivi,  
Italian pathologist  
1668-1707

### Trivia question

What is Bickerstaff's syndrome?

### DAGMEC Resident Research Forum

Congratulations to Syed Ali (R3) placing first in the education category at the Resident Research Forum with his presentation "Reactive Thrombocytosis Leading to Ischemic Event – A Treatment Dilemma". Other winners included Wissam Sabbagh (ID F2), co-first place winner in research and Emilio Perez- Jorge (ID F1), second place in education. Others presenting poster abstracts in the competition included (IM except as marked):

R3: Sameer Ahmed, Valerie Aliu, Sara Elrefai (med/peds), Shobhana Gaur, Talieh Hendi, Naveed Iqbal, Vivian Okeke, Srinivas Rajsheker, Richa Redhu, Cecilia Simon, Naveen Thota

R2: Shabana Dewani, Rubina Hasan, Stella Ibezue, Stephanie Mathew, Nikki Okoye, Benjamin Stermole

R1: Yin Yin Aye, Atul Kutwal

### Case of the Month

An otherwise healthy 22 year old African American male presents with dysuria and purulent penile discharge. He is sexually active with one female partner and one male partner, including oral and anoreceptive intercourse. He denies testicular or joint pain, hematuria, or fever. He has no known allergies. On physical exam he is afebrile with no skin lesions or joint tenderness. There are no pharyngeal exudates. The penis is circumcised with a small amount of purulent discharge at the meatus; no testicular masses or tenderness. Rectal examination shows no erythema or fistulas, no prostate tenderness and no masses. Gram stain of urethral secretions confirms PMNs and gram negative diplococci. What treatment would you recommend? If you were in a state other than Ohio, what additional option might be considered for his sexual partners?

### Remote access to more than one location

If you use VPN access to either MVH or VAMC medical records and want to add access to the other, you'll discover you can't follow the routine instructions as one can't install a second Cisco Systems VPN on any workstation where it has already been installed. But you CAN import other destinations for connections to your existing VPN client. If you already have MVH access, go to the password protected part of the residency program website to get two pcf files for VAMC connections. Use the "Import" icon at the top of the VPN dialer screen to add these files. Contact Linda Healy at MVH ext. 2796 for assistance with adding MVH to an already installed VAMC VPN access.

### Selected for career exploration opportunity

Dwain Woode (R3 med/peds) was one of 15 residents selected for the 2008 Odyssey Program. The Program provides U.S. and Canadian residents in Pediatrics and Internal Medicine an opportunity to explore careers in allergy/immunology and to develop professional contacts within the subspecialty. Dwain attended the annual session of the American Academy of Allergy, Asthma & Immunology in Philadelphia in March.

### Nominated for Academy of Medicine Award

Charlotte Shealy (R3) was a finalist for the Wright State University Academy of Medicine resident award this year. She and husband Josh attended the annual dinner of the Academy April 16th, featuring a presentation by former Surgeon General Antonia Novello. Congratulations, Charlotte!

### New AOA Member

Brock Miller (R3) will be inducted into the Alpha Omega Alpha Honor Medical Society at the annual dinner on May 6th. Brock was selected in the "resident" category by current Wright State student and faculty members of AOA. He, along with others inducted as students, residents, or faculty will continue as a lifelong member of the Society. Congratulations, Brock!

Answer to trivia question:

*Basilar artery migraine, first described by Edwin R. Bickerstaff in a 1961 report in Lancet, is an uncommon form of migraine with aura. It presents with symptoms associated with brainstem circulation and/or both cerebral hemispheres but without weakness.*

### Moonlighting

*Don't forget - residents and fellows must obtain written permission from the program director before participating in any moonlighting activities. Residency malpractice does not cover moonlighting activities – that should be arranged directly with the group/site with which the resident will work. If moonlighting at a facility that is a participating site for the training program, the hours worked must be counted as part of the average 80 duty hours per week. Moonlighting approval request forms are available online or in the coordinator's office.*

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## Heroes

Former resident Adrian Barcus (completed training 2006) received a Purple Heart and the Iraqi Campaign Medal on March 7th. According to a report from the Air Force Print News, Adrian received shrapnel injuries during an enemy attack at Balad Air Base three days before his deployment was to end. All is well and by now he should be resuming his duties at Scott Air Force Base in Illinois. Thank you to Adrian and to all of the heroes bravely risking their lives in the service of our country.

Jesse Wickham (R2) was praised for heroic efforts in stopping a fire in the home of neighboring Air Force personnel on the base. When the family summoned help, Jesse extinguished the fire in their kitchen "at great personal risk to himself", according to the report. Jesse and his wife then assisted the family and their children during the investigation by the fire department and while they made other living arrangements. Jesse is credited with saving the unit and the family's personal property as well as preventing spread of the fire to three other units. Kudos to another real life hero!

## Answer to case

For this case of *Neisseria gonorrhoeae*, the treatment of choice is a cephalosporin. The preferred treatment is ceftriaxone 125 mg IM. Single dose treatment with cefixime 400 mg po is an acceptable alternative. (In April, 2008, cefixime was once again made available in the U.S.). Because of the high likelihood of concomitant *C. trachomatis* infection in this patient, he should also receive either doxycycline 100 mg BID for seven days or azithromycin 1 gm single dose. And as with any STD diagnosis, the patient testing for HIV and syphilis should be recommended. Expedited Partner Therapy (EPT) is the delivery of medications or prescriptions by persons infected with an STD to their sex partners without clinical assessment of the partners. As of March, 2008, according to the CDC, EPT was permissible in 11 states, prohibited in 13 states (including Ohio), and potentially allowable in the remaining states.

## RMS Update

Written evaluations through RMS are one of many sources of feedback for residents. It has been our practice to wait for the resident's electronic signature before printing an official copy of each evaluation for the resident file. Some residents have refrained from signing an evaluation from an attending if they disagreed with ratings and/or comments. One's signature does not imply agreement but rather acknowledgement that one has reviewed the evaluation. In fact, a resident is encouraged to add comments of explanation, reaction, or opinion when signing. Beginning this month, final file copies of resident evaluations by attendings will be printed 30 days after submission, with or without the resident's signature. If a resident wishes to add comments for inclusion in the file, be sure to do so within 30 days.

## May Birthdays

	Khurram Bari	R1	5/04
	Abdul Mohammed	R1	5/05
	Sindhu Mukku	R1	5/04
	Nkeiruka Okoye	R2	5/26
	Annu Pullarkat	R3	5/25
	Eunice Pyun	R1	5/19
	Srinivas Rajsheker	R3	5/10



Sunday, May 11, 2008