

The Monitor



Boonshoft
School of Medicine
WRIGHT STATE UNIVERSITY

INTERNAL MEDICINE RESIDENT NEWSLETTER

February 2009, Vol. 10, No. 2

Quote of the Month

“Snow and adolescence are the only problems that disappear if you ignore them long enough.”

Earl Wilson

Did You Know?

According to a study in an Edinburgh teaching hospital, the average weight of a physician's white coat was 1.39 kg (3.06 lb) for males and 1.69 kg (3.73 lb) for females. Not surprisingly, there was a significant association between increasing seniority and reduction in coat weight! (reference Kazory, White Coat and Physicians, AJM, Sept.'08)

Trivia Question:

What is jamais vu?

History of Medicine

Garcia de Orta (1501-1568) performed the first recorded autopsy in India. Originally from Portugal, he went to India (likely to escape religious persecution against Jews) shortly after finishing his medical training. He was one of the first to identify cholera and also developed expertise in Eastern botanicals.

Case of the Month

A 34 year old woman presents with dyspnea and cough. She has noticed gradually progressive exertional dyspnea and has experienced at least one year of daily morning cough productive of small amounts of white sputum. She has a 17 pack-year smoking history but no occupational or travel exposures. Her 60 year old father has severe emphysema. On exam she is slender, respiratory rate 16 at rest, 28-30 with mild exertion. On auscultation there is a prolonged expiratory phase but no wheezing. Chest x-ray shows hyperlucency with bullous changes especially prominent in the bases of both lungs.

What specific diagnosis should be considered?.

Positive Feedback

Great job Team A: Joseph Chan (R1), Benjamin Albrecht (psychiatry R1 rotating on medicine), Ed McCann (R3), Vidya Choudary (R2). This is from a patient on Team A at MVH in December, copied unedited from a handwritten note given to the nursing staff by the patient:

To whom it concerns

the doctors that have been giving me my care have been excelelent in all ways. They were very polite, explained things to me and above all treated me human. The doctors were curtious and always available to ansers questions that I had and were honest with me they made me feel safe and care for

if I had to sujest a hospital to any one Miami Valley would be my first and olny choice. Dr. Chan and those that work with him are great doctors and deserve to be told so.

Great thanks and sincerely,

It's always reassuring to hear nice things about our residents, and communications like these are some of the very best!

More Positive Feedback

One of the faculty from the MVH Emergency Trauma Center reported Kunal Desai (R2) was reliable and enthusiastic during his assignment to the Emergency Medicine rotation. It was reported "...one of the few off-service residents who pays attention to all the patients and goes out of his way to ask if he can do procedures. I think he did a very good job this month." This came as an unsolicited email, not part of the routine evaluation process. Keep up the good work, Kunal!

Faculty member Karolyn Teufel commends the military residents for coping with many computer problems in the WPMC ambulatory clinic. She said they are maintaining a good attitude and handling the challenge constructively. On a similar note, residents were praised at both GSH and MVH for their seemingly effortless transition to EPIC. Great job!

Winners

Question of the day winner at MVH in December: Joseph Chan (R1) – Congratulations!

MVH Chief Resident Sudha Jaganathan reports she has started a new game. “The group takes an end of the month quiz consisting of 10 questions that encompass everything that I have taught throughout the month. The winner of the December end of the month quiz is Kunal Desai”.

Answer to Case

She may have alpha-1-antitrypsin (AAT) deficiency. Symptoms commonly begin at a much earlier age than typical COPD and are exacerbated by smoking. “Basilar hyperlucency” on chest x-ray is typical of the disorder. Diagnosis can be confirmed by a plasma AAT level below 11 µmol/L.

Thank-You's

When one of the subspecialty clinics at MVH needed an extra hand, Shashi Patel (R2) willingly came to assist. The MSHC nurses send “Kudos to him”!

To all who braved the ice and snow at the end of January, thank you for your dedication to your patients and colleagues.

Publication

Congratulations to Donald Martin (R3) for success in publishing this case report:

Martin, D. Disseminated Intravascular Coagulation Precipitated by Thyroid Storm. Southern Medical Journal. February 2009; Volume 102(2). (currently Epub ahead of print; no page assignments as of this date).

Newly Accredited Fellowship

All Hospice and Palliative Medicine fellowships had the first opportunity to apply for ACGME accreditation in 2008. The Wright State University Hospice and Palliative Medicine fellowship, under the direction of Geetika Kumar, recently received notice of full accreditation effective July, 2008 when the first fellow started training in the program. We now have a total of five accredited WSU fellowships (the other four: hematology, gastroenterology, infectious diseases, oncology).

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Congratulations

Mannan Mohammed (R2) and his wife, Sameera welcomed a son, Abrar Ahmed Masood, into the world on 1/5/09.

Tooks Matthews (R3) and his wife, Alicia welcomed a daughter, Olivia Elise, into the world on 1/23/09.

Best wishes to Shashi and Shruti Patel, married on December 12, 2008. Shruti is currently working on her MPH in Tennessee.

Opportunity for Case Report Publication

Here is another online publication site recently brought to our attention. (This notice does not imply endorsement by the program or the Department of Medicine. We have not investigated the quality of the publications or the ease of site use.)

“Case Reports in Medicine is published using an open access publication model, meaning that all interested readers are able to freely access the journal online without the need for a subscription. Moreover, articles published in the journal will be made available on PubMed Central, and indexed in PubMed, at the time of publication.

Manuscripts should be submitted to the journal online at <http://www.hindawi.com/journals/crm/>. Once a manuscript has been accepted for publication, it will undergo language copyediting, typesetting, and reference validation in order to provide the highest publication quality possible.”

Rules Tightened for Pharmaceutical/Industry Support

From all directions – industry, hospitals, university – the rules regarding industry support of the health professions and medical education are changing. Expect an elimination of “free stuff” as well as meals and events sponsored by the companies. More details about the new Wright State University Boonshoft School of Medicine policy will be coming soon.

Know the ACGME Competencies

The third ACGME competency is “practice-based learning and improvement”. Residents are to use evidence and methods to investigate, evaluate, and improve their own patient care practices. A high level of curiosity and good work habits are traits residents should strive to develop and maintain. Some elements to be evaluated are response to feedback, utilization of resources, and team learning with colleagues, consultants and staff. Highest ratings might be given to a resident who constantly evaluates his/her own performance, incorporates feedback into improvement activities, effectively uses technology to manage information for patient care and self-improvement, and has a total commitment to self-assessment. At each level of training, the following should be demonstrated to earn superior ratings:

R1 - Always willing to acknowledge and learn from errors.

R2 - Always able to identify self-practice patterns resulting in a barrier to improved patient care.

R3 - Always able to find solutions to practice patterns resulting in a barrier to improved patient care.

February Birthdays

	Joshua Hamilton	R1	2/01
	Dwain Woode	R4 (Chief)	2/05
	Ruchi Aggarwal	R1	2/07
	Nick Verneti	R3	2/12
	Jesse Wickham	R3	2/14
	Arinze Ikeme	R1	2/15
	Pamela Ward-Demo	R1	2/20
	Jenny Wariboko	R1	2/20
	Muddassir Mehmood	R2	2/23
	Manish Kadian	R1	2/29