

### Quote of the Month

*“Tentative efforts lead to tentative outcomes. Therefore, give yourself fully to your endeavors. Decide to construct your character through excellent actions and determine to pay the price of a worthy goal. The trials you encounter will introduce you to your strengths. Remain steadfast...and one day you will build something that endures, something worthy of your potential.”*

*Epicetetus*

### Trivia Question

*What is the term for the dermatologic disorder featuring hyperpigmentation of parts of the face, especially common in patients with sun exposure and also associated with pregnancy and oral contraceptive use?*

## CASE OF THE MONTH

A 73 year old man presented with chest pain and was found to have an anterior wall myocardial infarction with atrial fibrillation, the latter apparently of new onset. He received appropriate medical management including anticoagulation. He was recovering uneventfully, though still in atrial fib, when he developed sudden left upper quadrant pain with no nausea, vomiting, or diarrhea. Physical examination revealed normal temp and no change in his cardiovascular exam. Abdomen was soft with no rebound tenderness and his pain did not increase with palpation of the LUQ. There was no detectable organomegaly or masses. Stool was hemoccult negative. Due to the severity of his pain an abdominal CT scan was performed, showing a well-circumscribed hypodense area in an otherwise normal looking spleen. No other abnormalities were reported. What is your diagnosis and what management would you suggest?

## CONGRATULATIONS

The following residents received recognition of Appreciation from the Wright-Patterson Medical Center Emergency Department for outstanding consulting service:



Jeremy Kilburn (R3) – June 2007  
Rebekah Sensenig (R3) – September 2007  
Tokunbo Matthews (R2) – October 2007  
Charlotte Shealy (R3) – November 2007

It's especially rewarding when other departments recognize the positive attributes of residents in our program. Great job!

## HEALTH NEWS - PROCEDURALISTS

An article in the Wall Street Journal 7/11/07 reported on a growing trend that should hasten the demise of the “see one, do one, teach one” philosophy of medical procedure training. Some medical centers are establishing procedure teams and/or services to take on the performance of all invasive diagnostic and therapeutic procedures. According to the report, Cedars Sinai in Los Angeles has four physician “proceduralists” working with a nurse practitioner and 14 nurses to perform more than 2000 annual procedures each. Laura Landro reports, “While not a medical specialty in its own right, procedural medicine is emerging as an important new role for physicians with the manual dexterity and steady nerves to perform risky procedures. And hospitals say they see reduced complication rates when services are performed by physicians who are very well-versed in the procedures.” The American College of Physicians surveys show a 50% decrease in procedures performed by practicing general internists over less than two decades. In spite of interest on the part of many programs and hospitals to develop simulation centers for team and individual training, it is likely the trend toward decreased performance of procedures by most general internists will continue.

## DINNER AND TALENT SHOW



Don't forget the potluck dinner and resident/faculty talent show coming up February 9th. It's not too late to RSVP or sign up for a performance. Bring the family or a guest for a very special evening!

## DID YOU KNOW?



While tea drinking is finding growing popularity in the U.S., coffee is catching on in Japan – now the third highest coffee importing country in the world!

*Medical History Quote*

*“A physician is obligated to consider more than a diseased organ, more even than the whole man - he must view the man in his world.”*

*Harvey Cushing*

*Answer to Trivia Question:*

*Melasma.*

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**PRAISE FROM A PATIENT**

Atul Kutwal (R1) received praise from a patient Careflighted to MVH. The patient sent a note to the CEO “speaking highly about the outstanding care you provided”. Way to go, Atul!

**ABIM SMALL GRANTS PROGRAM**

The F. Daniel Duffy Small Grants Program is targeted exclusively to Internal Medicine and Subspecialty resident, fellows, program directors, and faculty. You are invited to submit an application and proposal for one of eight grants supporting quality improvement in residency and fellowship training programs in the areas of practice-based learning and improvement and systems-based practice. Grants are up to \$5000 each. Applications will be reviewed on a first come, first served basis until all grants have been awarded. For information and an application, visit <http://www.abimfoundation.org/research/duffy.shtm>

**REMINDERS FOR RESIDENTS**

Several items needing your attention have been sent through email or RMS in recent weeks. Here are a few you should be sure to complete and/or return:

- RMS: self-evaluation
- annual resident survey
- email: block rotation requests for 08-09 (returning residents only)
- second clinic location request (next year R3 categorical only)

If you’ve missed any of these, look for them ASAP!

**ANSWER TO CASE**

The patient has a splenic infarct secondary to arterial embolism, a known complication of atrial fibrillation, especially post-MI. He can be managed conservatively with observation and continued anticoagulation unless he develops signs of infection or abscess, in which case surgical consultation is warranted.

**BABY CONGRATULATIONS**



James (R1) and Cynthia Cox welcomed a daughter, **Gwendolyn Monet**, who was born on Thursday, January 3<sup>rd</sup>, 2008.

Rubina (R2) and Sameer Hasan welcomed a son, **Hashim**, who was born on Friday, January 11, 2008.

**FEBRUARY BIRTHDAYS**

	Syed Imran Ali	R3	2/17
	Jacob Aaron Allgood	R4 Chief	2/03
	Katherine Cribbs	R4	2/04
	Donald Steven Euler	R3	2/01
	Isaac Paul Humphrey	R3	2/15
	Atul Kutwal	R1	2/02
	Muddassir Mehmood	R1	2/23
	Charles Brock Miller	R3	2/13
	Nicholas John Vernetti	R2	2/12
	Jesse Michael Wickham	R2	2/14
	Dwain Woode	R3	2/05

